Annual Report 2009

WESTERN AUSTRALIAN CENTRE FOR
HEALTH PROMOTION RESEARCH

School of Public Health
Curtin University
TABLE OF CONTENTS

1 DIRECTOR’S REPORT ........................................................................................................... 3
2 KEY PERFORMANCE INDICATORS ....................................................................................... 6
   2.1 Strategic Objectives ...................................................................................................... 6
   2.2 Operational Plan for 2009 .......................................................................................... 8
3 CENTRE PARTICIPANTS ..................................................................................................... 9
   3.1 Management Committee ............................................................................................ 9
   3.2 WACHPR Director and Co-Directors ......................................................................... 10
   3.4 Research Associates ................................................................................................ 10
   3.5 Higher Degree by Research Students ...................................................................... 11
4 PARTNERSHIPS ................................................................................................................. 11
   4.1 Current WACHPR Partnerships ................................................................................ 11
   4.2 External Committee Representation ......................................................................... 12
   4.3 WACHPR Research Collaborations .......................................................................... 13
5 RESEARCH ACTIVITIES .................................................................................................... 15
   5.1 Research Training Initiative ....................................................................................... 15
   5.2 Research Impact ....................................................................................................... 16
      5.2.1 Sustained national and international research, advocacy, and teaching leadership ........................................................................................................................................ 16
      5.2.2 Recognition of quality HIV and Sexual Health Advocacy and Research............ 16
6 FINANCIAL MANAGEMENT ............................................................................................... 17

APPENDIX A - SCRIPT RESEARCH CENTRE PERFORMANCE REPORT ....................... 18
APPENDIX B - ACTIVE GRANTS 2009 ............................................................................... 18

LIST OF TABLES

Table 1: WACHPR Tenders 2009 .......................................................................................... 7
Table 2: WACHPR Partnerships 2009 .................................................................................. 12
Table 3: Financial Management 2009 ................................................................................ 17
1 DIRECTOR’S REPORT

The WA Centre for Health Promotion Research (WACHPR) is a multi-disciplinary research centre within the School of Public Health and Curtin Health Innovation Research Institute (CHIRI). The WACHPR was established in 1986 and was the first research centre in health promotion to be established by an Australian university.

WACHPR views health promotion as a combination of educational, organisational, economic, social and political actions designed with meaningful participation, to enable individuals, groups and whole communities to increase control over, and to improve their health through attitudinal, behavioural, social and environmental changes.

WACHPR is committed to building evidence and capacity in health promotion theory, practice and evaluation through applied and participatory research. Grounded in an understanding of social determinants of health and a commitment to social justice and ethical practice, WACHPR will focus on vulnerable or most at risk communities and populations and work in partnership with the most relevant community, government, research and private organisations.

WACHPR has built and demonstrated high level expertise and research strength in:

- the design, planning, implementation, evaluation and dissemination of quality integrated health promotion programs;
- building sustained partnerships and collaborations with vulnerable and most at risk communities and relevant community, government and private sector organisations;
- health promotion approaches using community and settings based interventions, peer and social influence, social marketing, advocacy, community mobilisation and sector capacity building;
- health promotion that improves outcomes in nutrition, physical activity, mental health, sexual health, drug use and injury prevention;
- promotion and dissemination of evidence based practice and building practice based evidence; and
- provision of research training and capacity building techniques to undergraduate and postgraduate students, allied health promotion professionals and community workers.

The Centre has developed key areas of research strength and ongoing community partnerships. These areas of research strength have been developed through a large number research project grants and national and international partnerships:

- **Core Research**: alcohol and other drugs; peer-based programs for marginalised youth, breastfeeding and nutrition, physical activity and sexual health.
• **Other Research**: bullying prevention, good practice standards and policy development, peer-based research, and workplace health.

• **Other foci**: health promotion education and training; policy and advocacy, theory and evidence based health promotion methodologies.

In 2009, WACHPR was active on more than 15 research projects across a range of key health issues and in varying settings. These included:

• **Community based interventions** (for example: mental health in rural and regional communities, young families and nutrition/physical activity, fatherhood and breastfeeding support, food security in lower socio-economic areas, aging populations and wellbeing).

• **Organisational setting interventions** (for example: projects with police service, mining companies, tertiary institutions, government departments and others).

• **Interventions targeting marginalised or at risk young people** (for example: peer based and other health promotion interventions with Indigenous, same sex attracted, rural or lower socio-economic young people targeting mental health, sexual health, alcohol and other drug use and other risk behaviour).

In addition to these core functions, the WACHPR conducts health promotion continuing education/capacity building courses for the health promotion sector generally, as well as tailored courses for the HIV sector, workplace health, allied health staff training and development, implementation and evaluation of community-based interventions. Further activities include consultancy and evaluation services, and assistance and advice with public health policy activity.

WACHPR’s key performance indicators for 2009 were:

- To build on its previous research program achievements and obtain at least one major applied grant.
- To secure tenders that have a high likelihood of success and that are directly related to staff expertise.
- To increase the number and quality of education and training courses offered by the WACHPR.
- To continue to share knowledge and expertise within the University and the wider community

Highlights for 2008-2009 included:

- The Director role became a nominal 0.1FTE and Dr Graham Brown assumed the role.
- Two NHMRC project grants were secured in 2008 and one in 2009.
• WACHPR continued to attract outstanding research staff, with Professor Binns, Associate Professor Dhaliwal and Dr Giglia joining WACHPR in 2009. These additional members further enhanced WACHPR’s national and international profile and substantially contributed to WACHPR publication outputs.

• During 2009, WACHPR published a total of 43 peer reviewed papers, nine of which were developed in collaboration with Chinese academics and, three with Japanese academics.

• During 2009, WACHPR staff supervised 19 PhD students, two of which were scholarship funded project officers and six research staff funded from nationally competitive grants.

• WACHPR currently has five international PhD students from China (n = 3), Malaysia (n = 1), Indonesia (1) who commenced their studies in 2009.

• WACHPR staff completed a trial of Tertiary Health Research Intervention Via Email (THRIVE), an internet intervention aimed at reducing risky and high risk drinking among university students, with promising results. The primary publication reporting on this is ‘Kypri. K., Hallett, J., Howat, P., McManus, A. Maycock, B., & Horton, N. (2009) Randomized controlled trial of proactive web-based alcohol screening and brief intervention for university. Archives of Internal Medicine, 169, (16), 1508-1514.’

• WACHPR affiliated staff were instrumental in Curtin University’s participation in the successful European Union – Australia Government Collaboration on Public Health Education project (DEEWR $500,000, four European and four Australian Universities 2009-13).

• WACHPR affiliated staff were also key organising committee members in the planning of the National Health Promotion Conference conducted in Perth in early 2009.

WACHPR is currently working towards the development of the 2010-2015 strategic plan, which will build on the core strengths of WACHPR and the alignment of its strategic objectives within the context of contributing to the Curtin Health Innovation Research Institute (CHIRI) priorities and the Curtin University goal to be listed in the top 20 Universities in Asia. Specifically in the next three years WACHPR will establish itself as the preeminent health promotion research centre in the Asia Pacific region, and will seek WHO collaborating status in the next two years. To help advance these plans Curtin Research and Development Office has pledged $50 000 to provide some infrastructure support.

Special Note of Thanks:
Late in 2008, Associate Professor Alexandra McManus relinquished her role as a WACHPR Co-Director to take up a role as the Director of the Seafood Research Institute. We wish to acknowledge her considerable effort to shaping and supporting WACHPR over a considerable period of time.
The key performance indicators for the WACHPR are articulated in the WACHPR Strategic Plan 2002 – 2009. The performances achieved for 2009 are listed below under the appropriate strategic objective.

2.1 Strategic Objectives

Strategic Objective: To build on its previous research program achievements and obtain at least one major grant each year.

Consistent with the School Research and Development plan, WACHPR had aimed to increase by 30% the number of publications produced in 2009 compared to 2006, increase collaborative grant submission and increase by 15% research income 2004-2006. Although the Centre lost a 0.8FTE research position in 2008, the Centre has made substantial progress to these goals, producing 12 peer-reviewed journal articles and two book chapters during 2008 increasing to 43 peer-reviewed papers, 3 books and 5 book chapters during 2009. WACHPR has considerable expertise and credibility in international settings and during 2009 published nine peer reviewed papers with Chinese academics, and three with Japanese academics.

WACHPR has continued to exceed its targets in this area, with 2008 seeing WACHPR staff involved in two successful new NHMRC grants:


In addition, WACHPR was a partner for another NHMRC grant in 2009 valued at $600,000. Chief Investigators include Iryna Zablotska (UNSW, Sydney - leading institution) Garret Prestage, John de Wit (the National Centre in HIV Epidemiology and Clinical Research), Graham Brown and Bruce Maycock (Curtin University). The project is conducted in collaboration with the following community organisations: AIDS Council of New South Wales (ACON), Positive Life NSW, Australian Federation of AIDS Organisation (AFAO), New South Wales Department of Health, Victorian AIDS Council (VAC), People Living with HIV/AIDS (PLWHA), Western Australian AIDS Council (WACC) and Western Australia Department of Health.
This success is unprecedented and reflects the developmental work done by the Co-Directors. With three NHMRC grants and the other associated research staff WACHPR is reaching its capacity in relation to space and resources.

**Strategic Objective:** To secure tenders that have a high likelihood of success and that are directly related to staff expertise.

WACHPR assesses tender opportunities based on criteria of staff expertise, building on strategic research areas, and capacity to result in peer reviewed publications. During 2009 the vast majority of opportunities that were selected for tendering were successful. This included the successful new tenders over $10,000 in areas of WACHPR expertise listed in Table 1.

**Table 1: WACHPR Tenders 2009**

<table>
<thead>
<tr>
<th>Project name</th>
<th>Tender</th>
<th>Amount (2009)</th>
</tr>
</thead>
<tbody>
<tr>
<td>WA Male Overseas Acquired HIV Study</td>
<td>Department of Health WA</td>
<td>$21,892</td>
</tr>
<tr>
<td>Wheatbelt Resiliency Project</td>
<td>Central Wheatbelt Division of General Practice</td>
<td>$17,960</td>
</tr>
<tr>
<td>Travel Safe Campaign Cross-sectional Evaluation Research</td>
<td>Western Australian AIDS Council</td>
<td>$8,123</td>
</tr>
<tr>
<td>Safe Sex No Regrets Social Marketing Campaign Cross-sectional Evaluation</td>
<td>Western Australian AIDS Council</td>
<td>$7,077</td>
</tr>
<tr>
<td>Positive Life and Acon Peer Support Program Research</td>
<td>Positive Life, NSW</td>
<td>$8,945</td>
</tr>
<tr>
<td>The role of whey protein isolate on body weight regulation and cardiovascular risk factors in overweight/obese Australians</td>
<td>Dairy Australia</td>
<td>$4,080</td>
</tr>
</tbody>
</table>

**Strategic Objective:** To increase the number and quality of education and training courses offered by the WACHPR.

- In 2008, WACHPR staff supervised six PhD students. This number increased to 19 Higher Degree by Research (HDR) students in 2009, two of which are scholarship
funded project officers and six research staff funded from nationally competitive grants.

- There was a substantial increase in HDR student enquiries with an additional seven PhD students applying to enter the doctoral programs in 2009. They are currently working on their candidacy applications.
- Peng Tao secured the Curtin strategic scholarship.
- WACHPR currently has five international PhD students from China (n = 3), Malaysia (n = 1), and Indonesia (1).

**Strategic Objective:** To continue to share knowledge and expertise within the University and the wider community

- WACHPR affiliated staff were instrumental in Curtin University’s participation in the successful European Union – Australia Government Collaboration on Public Health Education project (DEEWR $500,000, four European and four Australian Universities 2009-13).
- Five doctoral students are currently co-supervised by supervisors external to the Centre.
- In 2009, there were over 10 joint research projects with groups external to the Centre.
- WACHPR affiliated staff were key organising committee members in the planning of the National Health Promotion Conference conducted in Perth in early 2009.
- In addition to the published peer-reviewed journal articles and books/book chapters, WACHPR staff held several conference presentations at national or international conferences and community feedback forums, produced a range of research and funder reports, and community feedback reports and flyers in various formats to more effectively distribute key findings to the communities participating in the research.

Other significant new grants starting in 2009 included:

- My-Peer Project (Lottery West WA), Evidence-based standards for peer based marginalised youth health programs, $118,000 complemented by the Healthway PhD Scholarship for the same project.

### 2.2 Operational Plan for 2009

In 2009, WACHPR set the following operational plan so as to enhance the organisational structure and research strengths. The WACHPR Co-Directors determined that in 2009 they would:
• Nominate a Director of WACHPR to better refine and coordinate the strategic focus of WACHPR, increase the Centre’s profile within the Curtin research community – **ACHIEVED**.

• Lead the formulation of the next WACHPR five year strategic plan and its alignment within the context of the CHIRI priorities and the Curtin University goal to be listed in the top 20 Universities in Asia – This was only partially achieved due to the lack of certainty surrounding CHIRI.

• Put in place sustainable administration processes whereby:
  - non-RPI related items and other key research activity (such as project reports, conference presentations, invited presentations, partnerships and so on) are entered into SCRIPT;
  - all relevant SCRIPT data can be checked for accuracy and completeness;
  - annual reports and other administrative requirements are submitted in a timely fashion.

- This item was partially achieved as a lack of infrastructure support and an increased supervision load and publication output restricted the capacity of staff to meet all administrative requirements.

3 CENTRE PARTICIPANTS

3.1 Management Committee

At the beginning of 2009, the core Management Committee of WACHPR was comprised of Co-Directors (listed below) who had equal influence on the direction of research conducted by WACHPR. Directors meet formally each quarter and minute these meetings accordingly including a list of actions and those responsible for each action. All Directors managed research projects on which they are the Principal Investigator and provide regular updates to other Directors.

All Co-Directors were fully engaged in community advocacy, student supervision, teaching and research. Professors Colin Binns and Sue Fyfe are Ex-Officio Co-Directors of WACHPR. As such, they are invited to Directors’ meetings and provide valuable support and direction as requested.

The 0.8 FTE position filled by A/Professor McManus was not reappointed by the School of Public Health. Mid 2009, Dr Graham Brown accepted the role as Director of WACHPR as a 0.1 FTE appointment.
3.2 WACHPR Director and Co-Directors

Dr Graham Brown (FTE 0.1), BBus(Mktg)(Hons), PGDipHP, PhD(Curtin)
Co-Director, WA Centre for Health Promotion Research
Senior Lecturer, School of Public Health

Dr Sharyn Burns, BEd, PGradDipHP, MPH(Curtin), PhD(Curtin)
Co-Director, Western Australian Centre for Health Promotion Research
Director, Health Promotion and Sexology

Professor Peter Howat, DipTeach(ChCh), DipEd(Otago), BSc(Cant), MSc(III), PhD(III)
Co-Director, WA Centre for Health Promotion Research
Director, Centre for Behavioural Research in Cancer Control
Co-Director, WA Centre for Public Health

Professor Bruce Maycock, BPE(WAust), PGDipBus(ECU), MEd(WAust), PhD(Curtin)
Co-Director, Western Australian Centre for Health Promotion Research
Director of Research, School of Public Health
Professor, School of Public Health
Professor, Tier one group at National Drug Research Institute
Professor WHO Collaborating Centre for Environmental Health Impact Assessment

3.4 Research Associates

Avinna Trzesinski
Carlie Jones
Colin Binns
Gareth Merriman
Gemma Crawford
Janina Hildebrand
Jennifer Tohotoa
Jonathan Hallett
Jonine Jancey
Jude Comfort
Justine Leavy
Linda Portsmouth
Nicoe Joubert
Roanna Lobo
Roslyn Giglia
Satvinder Dhaliwal
Tina Price

3.5 Higher Degree by Research Students
Aza Yusuff
Carlie Jones
Gemma Crawford
Jennifer Tohotoa
Jonathan Hallett
Jude Comfort
Linda Burke
Marie Little
Mateus Adi
Mileva Tubbs
Nerissa Wood
Rebecca Walker
Roanna Lobo
Robert Hoffman
Sarojini Monteiro
Shu Chen
Simonetta Cavilli
Tao Peng
Wayne Bradshaw

4 PARTNERSHIPS

4.1 Current WACHPR Partnerships
The following groups are associated with Research in WACHPR. Due to the collaborative nature of our research multiple staff are often associated with each group.
### Table 2: WACHPR Partnerships 2009

<table>
<thead>
<tr>
<th>Partnerships</th>
<th>Name</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Youth Focus</td>
<td>Regional</td>
</tr>
<tr>
<td></td>
<td>FPWA Sexual Health Services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>City of Rockingham Youth Services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>City of Mandurah Youth Services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Challenger Institute</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Uniting Care West</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Freedom Centre</td>
<td></td>
</tr>
<tr>
<td></td>
<td>WA AIDS Council</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Aboriginal Health Council of WA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Heart Foundation WA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Cancer Council of WA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Heart Foundation WA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Youth Affairs Council of WA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>NSW Risk Management Research Centre, NSW</td>
<td>National</td>
</tr>
<tr>
<td></td>
<td>University of Newcastle, NSW</td>
<td></td>
</tr>
<tr>
<td></td>
<td>University of Sydney</td>
<td></td>
</tr>
<tr>
<td></td>
<td>National Centre in HIV Social Research</td>
<td></td>
</tr>
<tr>
<td></td>
<td>National Centre in HIV Epidemiology and Clinical Research</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Australian Research Centre in Sex, Health and Society</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Australian Federation of AIDS Organisations</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Flinders University, SA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>University of Adelaide</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Positive Life NSW</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Acon (formally AIDS Council of NSW)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Griffiths University</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Deakin University</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Oregon Research Institute, USA</td>
<td>International</td>
</tr>
<tr>
<td></td>
<td>University of Glasgow, UK</td>
<td></td>
</tr>
<tr>
<td></td>
<td>University of Pittsburgh, USA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>University of Dundee, Scotland</td>
<td></td>
</tr>
<tr>
<td></td>
<td>National Institutes of Health USA (Joint project)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>University of Applied Sciences, Hamburg, Germany, Kaunas</td>
<td></td>
</tr>
<tr>
<td></td>
<td>University of Medicine, Lithuania, Lithuania,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Jagiellonian University, Krakow, Poland</td>
<td></td>
</tr>
<tr>
<td></td>
<td>University of Southern Denmark, Esbjerg, Denmark</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Leeds Metropolitan University</td>
<td></td>
</tr>
<tr>
<td></td>
<td>John Moore University of Liverpool</td>
<td></td>
</tr>
<tr>
<td></td>
<td>National Centres for Injury Prevention and Control, Centres for Disease Control and Prevention, Atlanta Georgia USA</td>
<td></td>
</tr>
</tbody>
</table>

#### 4.2 External Committee Representation

Below is a list of external committees WACHPR staff were represented on during 2009:

- National Board Member, Public Health Association of Australia [PHAA]
- President, Australian Federation of AIDS Organisations
• Board Member, Public Health Advocacy Institute of WA
• WA Representative, Australian Network of Academic Public Health Institutions (ANAPHI)
• Executive Committee, Western Australian Cancer and Palliative Care Network; Primary Care, Cancer Prevention and Screening Collaborative
• Member, Tobacco Control Coalition
• Co-Convenor, Australian Fatherhood Research Network
• Member, Cardiovascular Health Committee, National Heart Foundation of Australia (WA)
• Member, Curriculum Council of WA – Health studies reference group
• Member, Health Research Council of New Zealand Program Assessing Committee
• Member, International Union for Health Promotion and Education
• Member, International Union for Health Promotion and Education, SW Pacific Regional Board
• Member, National Collaborating Centre Drug Prevention United Kingdom
• Member, Public Health Training Review Committee, Department of Health, Western Australia, 2008.
• Member, WA Community Alcohol Network.

4.3 WACHPR Research Collaborations
Below is a sample of WACHPR’s research collaborations:

Fathers Infant Feeding Initiative FIFI is a randomized controlled trial intervention with seven WA Hospitals, Curtin School of Nursing and Midwifery, and the Centre for Behavioural Research into Cancer Control (CBRCC). While the initial study will be completed in 2010 the research group is currently drafting a 2010 NHMRC application.

The Tertiary Health Research Intervention via Email (THRIVE) is a randomized controlled trial collaboration between: WACHPR, CBRCCC, Drug and Alcohol Office, University of Newcastle and NDRI. The collaboration is currently finalising five peer reviewed publications and the development of a 2010 NHMRC application.

The My-Peer Research Consortium to develop good practice standards for peer based youth mental health promotion programs is a collaboration between three Curtin research centres (WACHPR, Research Centre for Applied Psychology (ReCAP), National Drug Research Institute (NDRI)), six youth service providers (Youth Focus, Inspire Foundation, Freedom Centre, City of Rockingham Youth Services, Billy Dower Youth Centre, Uniting Care West) and the Youth Affairs Council of WA.
Beyond the Big Smoke - A Clear Vision for Aboriginal Tobacco Control is a large collaborative project involves CBRCC, Centre for International Health, Western Australian Aboriginal Community Controlled Health Services, Kimberly Aboriginal Medical Services Council and Derby Aboriginal Health Service, Population Health Units, GP Divisions and WA Country Health Services, Aboriginal Health Council WA, UWA population health.

The National Centres for Injury Prevention and Control, Centres for Disease Control and Prevention, Atlanta Georgia USA and the Centre for Behavioural Research into Cancer Control (CBRCC) are a long term ongoing collaboration, a recent output was the publication of a book chapter on “The effectiveness of health promotion interventions in reducing drinking and drug driving”.

The Australian Europe Public Health Education Joint Mobility Project (AUS_EUphe) aims to develop capacity, resources and research for a global public health workforce, in particular for developing and maintaining Australia's educational relationship with Europe. The project theme is aligned to human rights and social inclusion. The Project involves collaboration with three other Australian Universities (Griffiths University, Flinders University and Deakin University) and four European Universities University of Applied Sciences in Hamburg, Germany, Kaunas University of Medicine in Kaunas, Lithuania, Jagiellonian University, Krakow, Poland and University of Southern Denmark, Esbjerg, Denmark).

Ongoing collaboration in HIV related behavioural and intervention research include National Centre in HIV Epidemiology and Clinical Research, University of New South Wales; National Centre in HIV Social Research, University of New South Wales, Australian Research Centre in Sex Health and Society, La Trobe University, and the Australian Federation of AIDS Organisations.

Over the past six years WACHPR has mobilised active interest in HIV social research in WA and lobbied for the broadening of studies to take a national approach to benefit the HIV prevention and sexual health promotion in all states and territories of Australia. This has included forming and sustaining significant ongoing partnerships with the national community sector and research organisations working in HIV and sexual health and WACHPR is now recognised nationally as a significant player in the area.

WACHPR is now an investigator on five current collaborative research projects with the National Centre in HIV Social Research (NCHSR), National Centre in HIV Epidemiology and Clinical Research (NCHECR), and the Australian Research Centre in Sex Health and Society (ARCSHS). No other research centre outside of NSW and Victoria has achieved this level of sustained collaboration in HIV social research.
Chief Investigator

- Overseas Acquired HIV Social Research Project (with Co-Investigators from NCHSR / NCHECR / ARCSHS).

Co-Investigator

- Pleasure and Sexual Health Project (National quantitative and qualitative study of perceptions of sexual health and HIV among gay men) NCHECR / ARCSHS / WACHPR.
- National Seroconverter Study (National quantitative and qualitative study of men who have recently acquired HIV) NCHECR / ARCSHS / WACHPR.

Collaborator

- Virtual Communities and HIV Prevention (collaboration on a NCHSR Project).
- National Online Gay Men Cohort Study (collaboration with NCHSR / NCHECR / ARCSHS).

5 RESEARCH ACTIVITIES

5.1 Research Training Initiative

WACHPR provides a vital service in the training and mentoring of students and early career researchers facilitating the teaching and research nexus. Each research project includes a blend of students, early-career, mid-career and established researchers. Research projects provide Master and PhD students, early and mid-career researcher the opportunity to lead peer reviewed publications in addition to providing research employment and practicum placement opportunities for undergraduate and postgraduate students.

Supervision of HDR students is facilitated through the provision of joint research supervision with early career supervisors working with established supervisors. Between 2006 and 2007 three WACHPR staff members completed their PhD studies while four academic staff are currently enrolled. Nineteen PhD students are currently being supervised by WACHPR members. The number of international PhD students has also increased in recent years, WACHPR staff currently supervising five international students from China (n = 3), Malaysia (n = 1), and Indonesia (1).

WACHPR also conducts a series of short courses for allied health professionals throughout the year. In 2009, courses in the following areas were conducted:
• HIV Community Sector Health Promotion Short Course;
• Health promotion planning, methods and evaluation short course;
• Range of training and development programs as part of research and consultancy projects.

5.2 Research Impact

5.2.1 Sustained national and international research, advocacy, and teaching leadership
In recognition of Director Prof Bruce Maycock’s work in the area, he was invited to present in Malaysia at an international round table discussion on Public Health priorities in the Asia Pacific region for the Asia Pacific Academic Consortium of Public Health. He was also invited by the University of Malaysia Sabah to present a paper in a regional conference on Empowerment of Indigenous people. He is keynote speaker at the 2009 State Indigenous Health conference.

5.2.2 Recognition of quality HIV and Sexual Health Advocacy and Research
Over the past six years WACHPR has mobilised active interest in HIV social research in WA and lobbied for the broadening of studies to take a national approach to benefit the HIV prevention and sexual health promotion in all states and territories of Australia. This has included forming and sustaining significant ongoing partnerships with the national community sector and research organisations working in HIV and sexual health and WACHPR is now recognised nationally as a significant player in the area.

WACHPR is now an investigator on five current collaborative research projects with the National Centre in HIV Social Research (NCHSR), National Centre in HIV Epidemiology and Clinical Research (NCHECR), and the Australian Research Centre in Sex Health and Society (ARCSHS) including a recently awarded NHMRC Research Project Grant. No other research centre outside of NSW and Victoria has achieved this level of sustained collaboration in HIV social research.

This work has resulted in Dr Graham Brown being re-elected President of the Australian Federation of AIDS Organisations for a third year, being appointed to the Commonwealth Ministerial Advisory Committee for Blood Borne Viruses and Sexually Transmissible Infections, and Chairing the Expert Writing Group for the 2009 to 2013 National HIV Strategy.

WACHPR was awarded the WA World AIDS Day Award for a Group who has made a significant and sustained contribution to the fight against HIV and supporting people living with HIV.
### Table 3: Financial Management 2009

<table>
<thead>
<tr>
<th>Detail</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Income</strong></td>
<td><strong>Estimated</strong></td>
<td><strong>Estimated</strong></td>
<td></td>
</tr>
<tr>
<td>Australian Competitive Grants</td>
<td>448,300</td>
<td>486,000</td>
<td>534,000</td>
</tr>
<tr>
<td>Other Public Sector Funding</td>
<td>222,000</td>
<td>244,200</td>
<td>268,620</td>
</tr>
<tr>
<td>Industry &amp; Other Funding</td>
<td>0</td>
<td>60,000</td>
<td>0</td>
</tr>
<tr>
<td>CRC</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Faculty/School Support</td>
<td>73,179</td>
<td>56,838</td>
<td>60,680</td>
</tr>
<tr>
<td>Central Support</td>
<td>10,000</td>
<td>50,000</td>
<td>50,000</td>
</tr>
<tr>
<td>Consultancy Income</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>83,179</td>
<td>351,038</td>
<td>110,680</td>
</tr>
</tbody>
</table>

| **Expenditure**               |          |          |          |
| Project Specific Expenditure  | 561,300  | 899,200  | 802,620  |
| Salaries (Plus on costs)      | 83,179   | 76,838   | 80,680   |
| (Only co-directors and casual research assistant salary included) |          |          |          |
| **Total**                     | 644,479  | 976,038  | 883,300  |

| Surplus/Carry Forward         | 109,000  | -109,000 | 0        |

Footnotes: $109,000 of the 2009 Australian Competitive Grant income will be expended in 2010
### APPENDIX B - Active Grants 2009

<table>
<thead>
<tr>
<th>Project Name</th>
<th>Investigators</th>
<th>Funding</th>
<th>Amount (2009)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safe Sex No Regrets Social Marketing Campaign Cross-sectional Evaluation</td>
<td>Brown G, Crawford G</td>
<td>Western Australian AIDS Council</td>
<td>$7,077</td>
</tr>
<tr>
<td>Wheatbelt Resiliency Project</td>
<td>Burns S, Brown G, McManus A</td>
<td>Central Wheatbelt Division of General Practice</td>
<td>$109,712</td>
</tr>
<tr>
<td>The influence of fathers on infant feeding practices in Western Australia</td>
<td>Maycock B, Binns C, Howat P, Hauck Y, Dhaliwal S</td>
<td>Healthway, WA Health Promotion Foundation</td>
<td>$65,827</td>
</tr>
<tr>
<td>Reducing overweight and obesity in mothers of young children (MYC)</td>
<td>Howat P, McManus A, Burns S, Dhaliwal S, Jancey J</td>
<td>Healthway, WA Health Promotion Foundation</td>
<td>$74,010</td>
</tr>
<tr>
<td>High school teachers and students attitudes towards skin cancer prevention</td>
<td>Sauer K, Howat P, Jalleh G, Satvinder S, O'hare K</td>
<td>Healthway, WA Health Promotion Foundation</td>
<td>$1,990</td>
</tr>
<tr>
<td>A population based study of sexual assault in Western Australia: trends, outcomes and health implications</td>
<td>Jancey, J</td>
<td>Curtin University</td>
<td>$2191,00</td>
</tr>
<tr>
<td>Supporting women in regional WA to breastfeed through the use of an innovative website</td>
<td>Giglia, R</td>
<td>Western Australian Internet Association Inc Community Grant</td>
<td>$4,000</td>
</tr>
<tr>
<td>Models to predict risk of cancer mortality</td>
<td>Dhaliwal S</td>
<td>The Centre for Metabolic Fitness</td>
<td>$17,960</td>
</tr>
<tr>
<td>Travel Safe Campaign Cross-sectional Evaluation Research</td>
<td>Brown G, Crawford G</td>
<td>Western Australian AIDS Council</td>
<td>$8,123</td>
</tr>
<tr>
<td>Evaluating the use of an Internet intervention to sustain breastfeeding duration</td>
<td>Giglia, R</td>
<td>West Australian Health Promotion Foundation (Healthway)</td>
<td>$52,543.89</td>
</tr>
<tr>
<td>Study Title</td>
<td>Author(s)</td>
<td>Funding Organisation</td>
<td>Funding Amount</td>
</tr>
<tr>
<td>---------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------</td>
<td>---------------------------------------------</td>
<td>----------------</td>
</tr>
<tr>
<td>A pilot study of a Website to support breastfeeding women in rural Western Australia</td>
<td>Giglia, R</td>
<td>West Australian Health Promotion Foundation (Healthway)</td>
<td>$29,810</td>
</tr>
<tr>
<td>Positive Life and Acon Peer Support Program Research</td>
<td>Brown G</td>
<td>Positive Life, NSW</td>
<td>$8,945</td>
</tr>
<tr>
<td>The Role of Whey Protein Isolate on Body Weight Regulation and Cardiovascular risk factors In Overweight/Obese Australians</td>
<td>Binns C, James A,Pal S, Dhaliwal S</td>
<td>Dairy Australia</td>
<td>$4,080</td>
</tr>
<tr>
<td>The Connect Study</td>
<td>Zablotska I, Prestage G, de Wit J, Brown G, Maycock B</td>
<td>National Health &amp; Medical Research Council (NHMRC)</td>
<td>0 expenses in 2009</td>
</tr>
</tbody>
</table>